

Coromandel Community Centre

Connect Contribute Celebrate



Improve strength and flexibility with this total body conditioning program.
All levels welcome.

Classes led by qualified and experienced instructor.

When: Term 3 2025
21 July - 22 September

Time: Monday
6 to 7pm

Cost: \$130 for 10 weeks

Bookings Essential
Pre-payment required

Contact the Centre on 8370 6880
or visit www.coroalive.org.au

Pilates 1